

Project: Save Your Sanity

Jen Mohler | Master Supply List



Note from Jen: This class emphasizes **you** taking care of yourself. You will focus on gaining relief from stress through organization and documentation. Since our focus is more on yourself, your life, and your story, I think it is the perfect time to not burden yourself with the gathering of more creative supplies. I would rather see you use your creative stash to add details and embellishments to your final class challenge. This should save you some money, which always relieves some stress!

To prepare for Jen's class, please gather the following:

Organization supplies:

- six small stacking baskets, boxes or bins - use what you have around the house
- ten [manila file folders](#)
- photo case - mine is an Iris and was \$2.00 at Office Depot
- binder clips
- stapler

Creative stash supplies:

- 2 sheets of [cardstock](#) - 8 1/2" X 11" or 12" X 12"
- [patterned paper](#)
- [embellishments](#) - totally your choice - simply use what you have



Now that you know what you need, here is what we suggest:

1. Shop your stash. At Big Picture Scrapbooking we encourage you to use what you have and make substitutions as often as you can.
2. Support local scrapbook stores! If you need to go shopping...
3. If you prefer the convenience of shopping online, we encourage you to visit our retail partner, [scrapbook.com](#) for your supply needs.

If you're new to scrapbooking, welcome! Our friends at [scrapbook.com](#) have created a fabulous selection of basic supplies that Big Picture Scrapbooking recommends for all scrapbookers. To see our store and selection of basic supplies, available individually or as a kit, click [here](#).