

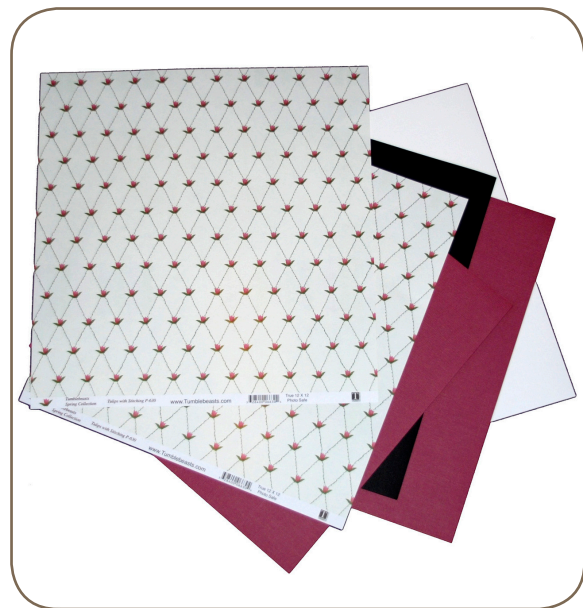
Help With Heartache

Building Bridges Through the Grief Process

Karen Stockham | Master Supply List

These are the supplies you will need in addition to your [Basic Tool Kit](#):

- 4" x 6" album of your choice. I used a small flip album from the local drugstore and I replaced the cover with my own patterned paper choice. (see below)
- two sheets of 12" x 12" patterned paper. I used tulips with stitching from [Tumblebeasts.com](#), Paper Collection.
- coordinating colors of cardstock. My favorite line is [Bazzill](#).
- coordinating ribbons for decoration. (optional) I used ribbons from [Tumblebeasts.com](#), Paper Collection to coordinate with my patterned paper.
- embellishments of your choice. (optional)



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Note from Karen: I am excited to share this unique project with you and help you begin your journey through the grieving process. Please know there are no mandatory purchases for this class. You may use materials of your choice. Remember this class is about the process and not as much about the product. Let's begin!

Karen Stockham



Now that you know what you need, here is what we suggest:

1. Shop your stash. At Big Picture Scrapbooking we encourage you to use what you have and make substitutions as often as you can.
2. Support local scrapbook stores! If you need to go shopping...
3. If you prefer the convenience of shopping online, we encourage you to visit our retail partner, scrapbook.com for your supply needs.

If you're new to scrapbooking, welcome! Our friends at scrapbook.com have created a fabulous selection of basic supplies that Big Picture Scrapbooking recommends for all scrapbookers. To see our store and selection of basic supplies, available individually or as a kit, click [here](#).