



Unstoppable Me

MASTER SUPPLY LIST

At Big Picture Scrapbooking, substitutions are encouraged! Our supply lists are designed to help you use what you have on hand. When you do need help or additional supplies, we believe the personal attention at your local scrapbook store can't be beat. We are pleased to be in partnership with [Scrapbook.com](#) to offer you a visual reference to tools and products you will need to gather. We cannot guarantee the availability of every item on this list, but we work diligently with the [Scrapbook.com](#) team and appreciate their efforts to provide a convenient, one-stop resource online.

To prepare for Lisa's class, please gather the following:

- [basic tool kit](#) (to purchase items like these [click here](#))
- one book - "[Unstoppable Me!: 10 Ways to Soar Through Life](#)", by Dr. Wayne Dyer.
- one [Creative Imaginations - Bare Elements - Peek-a-Book Album](#).
- sandpaper or emery board.
- one foam paint brush.
- decoupage medium - I used glossy finish [Modge Podge](#) from Plaid Enterprises.
- one [rubber brayer](#).
- one [1" diameter circle punch](#).
- [1/2 inch circle punch](#). (I used the Stampin' Up! punch item #104390)
- [acrylic paint](#).
- chipboard letters that spell "SOAR".
- [adhesive tags](#).
- rub-ons (numbers 1 - 10).
- [fonts](#) Donna Downey ddthin and ddwide.
- twelve sheets of coordinating patterned paper - six designs/two sheets of each.

- six sheets of coordinating patterned paper - one sheet of each design.
- five sheets of coordinating cardstock - one sheet of each color.
- one sheet of white cardstock.

note

If you don't use the same board book I have used, you'll need to make some adjustments to measurements and instructions given in the handout—but I'm just an email away if you need help. When choosing paper and accents for your book, be sure that all the elements coordinate well together. They don't necessarily have to be from the same product line, just make sure that they compliment each other.

Lisa Day