

Perpetual Happiness

MASTER SUPPLY LIST

At Big Picture Scrapbooking, substitutions are encouraged! Our supply lists are designed to help you use what you have on hand. When you do need help or additional supplies, we believe the personal attention at your local scrapbook store can't be beat. We are pleased to be in partnership with Scrapbook.com to offer you a visual reference to tools and products you will need to gather. We cannot guarantee the availability of every item on this list, but we work diligently with the Scrapbook.com team and appreciate their efforts to provide a convenient, one-stop resource online.

If you live in the South Pacific, please shop with our partner Craft House for more convenient shopping in your part of the world!

To prepare for Lisa's class, please gather the following:

Tools and basic supplies:

- a [Basic tool kit](#) (to purchase items like these [click here](#))
- the book [Excuse Me Your Life is Waiting](#) by Lynn Grabhorn. I highly recommend purchasing your own copy of this book so you can mark it up and write notes in the margins - you won't regret this purchase!
- sandpaper or emery board.
- one foam paint brush.
- [decoupage medium](#) - I used glossy finish Modge Podge from Plaid Enterprises.
- [rubber brayer](#).

Week 1 Project: Binder

- Basic supplies needed are: one three-ring, 8 1/2" x 11" binder and sheet protectors.

I used the following supplies for my binder:

- [American Crafts - Modern Album](#) - Customizable 8 1/2" x 11" D-Ring - Brown
- one package, 8 1/2" x 11" 3-Ring [Sheet Protector Refills](#) by Memory Keepers
- two sheets 12 x 12 coordinating pattern paper (I used [American Crafts, A la Mode - Sundae and Parfait](#))
- one package alphabet stickers (I used white [Thickers/Gift Box by American Crafts](#))
- two yards [coordinating ribbon](#) (I used one yard each of brown and pink)

note: As you can see, I designed my journal and binder to match. Please feel free to use paper, letter stickers, and ribbon from your stash or purchase materials that make you happy! If you prefer to create 12" x 12" pages, then I recommend purchasing a 12" x 12" album from American Crafts; you can still use the 8.5" x 11" sheet protectors for the exercises.

Week 1 Project: Journal

- Basic supplies needed are: any journal that you can use to record in for 30 days.

I used the following supplies for my journal:

- one Naked Wire-O-Album by [7 Gypsies](#)
- two sheets of coordinating 12" x 12" pattern papers ([I used American Crafts A la Mode, Sundae and Parfait](#))
- one package alphabet stickers (I used white [Thickers/Gift Box by American Crafts](#))
- one sheet 12 x 12 cardstock (I used brown)

Week 2 Project

- one 8" x 10" canvas.
- acrylic paint in your preferred color.
- random letter stickers - I used a variety of letters from the American Crafts - Remarks - [Serendipity](#) line.
- small rub-ons.

Week 3 Project

- one 14" x 18" frame.
- one sheet floor joist or sheet of galvanized metal: both are generally located in the duct works aisle in your local hardware store.
- 5' of ribbon.
- rub-ons from your stash.
- small random embellishments from your stash.
- magnets for backing.

Week 4 Project

- cardstock and patterned paper from your stash.

Week 5 Project

- A [Bind-it-all machine](#) with a [1" wire](#) or [binding rings](#).
- ten pieces of [4" x 6" medium weight chipboard](#).
- cardstock and patterned paper from your stash.
- your favorite small alphabet stamps or a pen for handwriting.

I'm looking forward to meeting you in the classroom! I have prepared many scrapbooking challenges to share with you throughout this five-week workshop. You are encouraged to use supplies in your stash to create these projects.

Cheers!

Lisa Day

