



My Word!

A Journaling Workshop

SUPPLY LIST

At Big Picture Scrapbooking, substitutions are encouraged! Our supply lists are designed to help you use what you have on hand. When you do need help or additional supplies, we believe the personal attention at your local scrapbook store can't be beat. We are pleased to be in partnership with Scrapbook.com to provide you with an online retail resource as well.

To prepare for Amy's class, please gather the following:

- [Basic tool kit](#) (to purchase items like these [click here](#))
- a computer with a word processor.
- a thesaurus. [Roget's Super Thesaurus](#) is my favorite, but Internet access to www.thesaurus.com will work, too.
- a good pen. My all-time favorite pen is the Uni Power Tank, which you can find at Wal-Mart. [The Pilot Permaball](#) is another smooth pen. Find one that's comfortable in your hand.
- a spiral-bound notebook. Target's stationery aisle is my favorite place to find cool notebooks. Get one in a size and shape you like.
- seven to ten "trigger" photographs. A trigger photograph is one that triggers an emotion for you. More details about trigger photos during the first week of class!

Don't forget to bring your enthusiasm---this is going to be fun! See you in class!

A handwritten signature in black ink, appearing to read 'Amy'.